## TREATMENT GUIDE



| CLINICAL ASSESSMENT (if boxes are checked below, patient is at greater-risk) |  |  |  | MEDICAL AS<br>(if boxes are checked below, o |  |  |  |  |
|--|--|--|--|--|--|--|--|--|
|  | Inflammation/Bleeding                                  |  |  | Medical Risk [Pregnancy/Cardiovaso           |  |  |  |  |
|  | 4mm probe depths or greater                            |  |  | Genetic Risk [9p21/MTHFR/HAP/4               |  |  |  |  |
|  | Bone loss/CAL  |  |  | Inflammatory Risk [MPO/PLA2/AD               |  |  |  |  |
|  | Restorative [Failing restorations/Abscesses]           |  |  | Antibiotic Resistant Risk [Past histo        |  |  |  |  |
|  | Desaturation [Airway/Nitric oxide loss/Sleep disorder] |  |  | Other:                                       |  |  |  |  |

| MEDICAL ASSESSMENT (if boxes are checked below, consider contraindications) |   |  |  |  |  |  |  |  |
|---|---|--|--|--|--|--|--|--|
|   | Medical Risk [Pregnancy/Cardiovascular/Autoimmune/Cancer/etc] |  |  |  |  |  |  |  |
|   | Genetic Risk [9p21/MTHFR/HAP/4q25/KIF6/APOE]                  |  |  |  |  |  |  |  |
|   | Inflammatory Risk [MPO/PLA2/ADMA/CRP/Glucose-A1C]             |  |  |  |  |  |  |  |
|   | Antibiotic Resistant Risk [Past history/1x or more a year]    |  |  |  |  |  |  |  |
|   | Other:  |  |  |  |  |  |  |  |

|   | HR5 |    |    |       |         | FAM <sup>™</sup> |    |    |    |  |
|---|-----|----|----|-------|---------|------------------|----|----|----|--|
| KEY More Effective Moderately Effective Less Effective  | Aa  | Pg | Td | Tf    | Fn      | Pi               | Cr | Cs | Ec |  |
| TEST RESULTS  |     |    |    |       |         |                  |    |    |    |  |
| MECHANICAL TREATMENTS   |     |    |    |       |         |                  |    |    |    |  |
| Scaling & Root Planing *resistant bacteria: Aa, Pg, Tf, Pi  |     |    |    |       |         |                  |    |    |    |  |
| Air-Flow [EMS/Hu-Friedy]  |     |    |    |       |         |                  |    |    |    |  |
| Lasers / LANAP / Photomodulation  |     |    |    |       |         |                  |    |    |    |  |
| Piezo / Ultrasonic [3-5 Tip]  |     |    |    |       |         |                  |    |    |    |  |
| Periodontal Surgery [Removal of Infected Tissue]  |     |    |    |       |         |                  |    |    |    |  |
| ANTIBIOTIC TREATMENTS   |     |    |    |       |         |                  |    |    |    |  |
| Systemic Antibiotic [Prescription]  |     |    |    | See A | ntibiot | ic Gui           | de |    |    |  |
| LAA: Minocycline [Arestin]  |     |    |    |       |         |                  |    |    |    |  |
| LAA: Doxycycline [Vibramycin/Atridox]   |     |    |    |       |         |                  |    |    |    |  |
| ANTIMICROBIAL TREATMENTS  |     |    |    |       |         |                  |    |    |    |  |
| Molecular Iodine [IO rinse/gel/spray]   |     |    |    |       |         |                  |    |    |    |  |
| Povidone Iodine [Betadine, Therasol] *resistant combinations Pg-Fn / Tf-Fn  |     |    |    |       |         |                  |    |    |    |  |
| Chlorites/Chlorides [Carifree, Oracare, CloSYS] *resistant combinations Pg-Fn / Tf-Fn   |     |    |    |       |         |                  |    |    |    |  |
| Chlorhexidine [PerioGard, PerioMed] *resistant combinations Pg-Fn / Tf-Fn   |     |    |    |       |         |                  |    |    |    |  |
| OTC [Listerine, Crest, Scope, Colgate, etc] *resistant combinations Pg-Fn / Tf-Fn   |     |    |    |       |         |                  |    |    |    |  |
| $\label{eq:total_combinations} Tray \ System \ [PerioProtect/PerioRestore] \ [1.7\% \ H_2O_2] \qquad {\it *resistant combinations Pg-Fn / Tf-Fn}$ |     |    |    |       |         |                  |    |    |    |  |
| Ozone *resistant combinations Pg-Fn / Tf-Fn   |     |    |    |       |         |                  |    |    |    |  |
| NATURAL PRODUCTS  |     |    |    |       |         |                  |    |    |    |  |
| StellaLife [Gel/Rinse/Spray]  |     |    |    |       |         |                  |    |    |    |  |
| Essential oils [Biocidin Botanicals, Tooth & Gum]   |     |    |    |       |         |                  |    |    |    |  |
| PerioSciences   |     |    |    |       |         |                  |    |    |    |  |
| Zinc [Lozenges, rinses, spray]  |     |    |    |       | ш       |                  |    |    |    |  |
| Xylitol [Xlear-Spry, Epic, Bite, Xylimelts, etc]  |     |    |    |       |         |                  |    |    |    |  |
| HOME CARE   |     |    |    |       |         |                  |    |    |    |  |
| Electric Toothbrush [Sonicare/Oral B]   |     |    |    |       |         |                  |    |    |    |  |
| Oral Irrigator [Waterpik/WaterFlosser]  |     |    |    |       |         |                  |    |    |    |  |
| Interdental [GUM-soft-picks/TePe/Floss/Airflosser]  |     |    |    |       |         |                  |    |    |    |  |
| PROBIOTICS & GI HEALTH  |     |    |    |       |         |                  |    |    |    |  |
| ProBioraPro [Oral Probiotic]  |     |    |    |       |         |                  |    |    |    |  |
| Burst/ProDental/Pharmaden/ Riven [Oral Probiotic]   |     |    |    |       |         |                  |    |    |    |  |
| Ortho Molecular, BioGaia, Hyperbiotics, Seed, Biocidin [GI]   |     |    |    |       |         |                  |    |    |    |  |
| Peptide BPC 157, Glutamine, Sodium butyrate [GI]  |     |    |    |       |         |                  |    |    |    |  |